



Raising Kids In A Digital Age Discussion Guide

EPISODE 4: STRATEGY 101

The last episode introduced the idea of evaluating digital maturity through a three-part filter - WHEN/HOW MUCH/WHY.

Keep those categories in mind as you listen to Episode #4, then get ready to talk strategy!

The discussion questions below should prompt you to share how to practically apply those filters in our families and pick up new ideas to try!

TALK ABOUT THIS:

- What current digital guidelines do you currently have for your family? What seems to be working best? Which seem to be least effective?
- Which specific ideas in the episode felt intriguing to try? Which, if any, felt unseasonable or unrealistic? Why?
- What software, parental guidance, or filtering solutions have you tried? What are your experiences with them?
- Share some ideas to might encourage and prompt healthy discussion as a family around digital issues. Where? When? How?
- Share some ideas how your family has taken advantage of technology to BUILD connections together.
- A piece of advice in this episode was to “share your heart” with your kids when things get tenuous. This means being able to explain why the conversation around technology is both important and emotional for you. In your own words, what words would you use to “share your heart” with your child about your relationships to them and to technology?

RESOURCES:

- [Circle By Disney](#): Internet content and time manager
- [Covenant Eyes](#): Internet filtering and screen Accountability